



CESTRIA HOUSE

PRESTWICK CARE

SPECIALISED CARE & RESIDENTIAL SUPPORT



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Cestria House is a long established and friendly Residential Care Home located within the desirable leafy suburb of Jesmond, Newcastle upon Tyne. A very spacious Victorian property, Cestria House maintains its period charm and character whilst providing a homely and friendly residential care environment for our residents.

Cestria House has recently been the subject of extensive refurbishment and capital expenditure thus ensuring all parts of the Home, including the 21 bedrooms (some of which are ensuite), are presented to an extremely high standard promoting a safe homely environment that caters for the needs of our residents, including those who require specialist dementia care.

Residents are supported to make choices around how they live their lives and can spend time in the privacy of their own room or choose to enjoy the company of others in one of our 2 well-appointed comfortable lounges or in our spacious conservatory. Externally there is a patio and seating area which can be enjoyed by residents as well as their friends and families.

Social care is always one of our highest priorities and there will always be organised events going on at our Home such as art and craft sessions, music and celebrations for those memorable occasions, all under the watchful eye of our dedicated Activities Co-ordinators. In addition to the range of group activities that are on offer, our staff will develop individual person centred activity plans that support the preferred activity of the individual and will be based around life story work, this is of huge importance when supporting the individual with memory problems. Our carefully planned activity programmes are a cornerstone of our holistic approach to care.



Care is individually tailored to meet identified needs and wishes whilst also supporting choice and preference. Care is always delivered in a manner that supports the privacy and dignity of the individual with emphasis based on maintaining independence.

Our menus are carefully planned and provide meals that are home cooked, sourced from fresh local ingredients wherever possible, nutritionally balanced and varied whilst always offering choice.

We also offer a range of services at additional cost; these include hairdressing, chiropody, podiatry and physiotherapy.

Our staff team are the key to delivering the highest standards of care at Cestria House. As a company we encourage and support the personal and professional development of our staff team to equip them with the skills required to deliver the highest standards of care.

- EMI dementia care
- Residential care
- Spacious single bedrooms
- Complimentary therapies
- Laundry services/facilities
- Outdoor patio area with seating
- Spacious single bedrooms (En-suites available)
- Specialist bathing facilities
- LCD Televisions
- In-house physiotherapy

FEATURES

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When we are at our most vulnerable in life,
what is required of others is not pity but
understanding, compassion and dignified care. We believe in
providing all of these as core elements
of the Prestwick Care service.

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Devinder Malhotra
Chief Executive, Prestwick Care Group



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