

Welcome to Friends of Prestwick Care,
a monthly newsletter created for our
residents and their families.

SEPTEMBER – OCTOBER 2022 – ISSUE 5



AUTUMN HAS ARRIVED

“Changing colours in the trees, the crackling underfoot and different scents in the air, autumn is a season for the senses.”

- Albert Camus

September officially brings the start of autumn in the UK. The flowers in the garden at Cestria House have been looked after this late summer, and early autumn by the residents. Look at those flowers!

CATCHING THOSE RAYS

Residents at Cestria House enjoyed a day out to their local cafe; to try the local sweet treats; along with a stroll around Jesmond to get the most out of the sun.



FANTASTIC

Cestria House residents took part in the Jesmond St George's Pole Project. Residents started the pole which will then represent a loved part of Jesmond. Just look at the before and after. It looks amazing!



PARKLANDS

Activities Coordinator's, Libby and Sue held their annual summer fayre in their beautiful grounds at Parklands. This was an enjoyable day for staff, residents, volunteers and the local community. The Mayor of Seaham, Sue Morrison, opened the fayre for everyone to enjoy. There was a bouncy castle, face painting, food stalls selling homemade pies and more. All in all, everyone had fun and raised close to £1000 for charity.



HOW LOVELY

A few of the residents from Cestria House enjoyed the sunny weather at St George's Green, along with some local dogs.



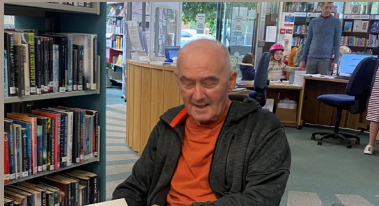
AMAZING

Addison Court had a lovely visit from a local who came to sing along to classic tunes with the residents.



A DAY AT THE LIBRARY

Cestria House residents had a jolly good time at the local library along with coffee and some tasty cakes to enjoy whilst reading books.



CHILDHOOD MEMORIES

Residents from Parklands enjoyed their day out at Seaham town park. They got to enjoy some time on the ability swing, which brought back memories of childhood. To finish off the day of fun, they stopped for a nice ice-cold slush.

ICE CREAM

Residents from Parklands went out on a trip to the seaside with activity coordinators, Sue and Libby, and enjoyed the local ice cream whilst admiring the famous statue in Seaham, Tommy.



ELVIS

Residents at Addison Court hosted an Elvis Tribute Act - it was full of popular songs. The staff and residents had a fabulous time dancing and singing along. What's your favourite Elvis song?



TRIP TO THE COAST

Residents at Cestra House went on a trip to the coast, which was a great opportunity to enjoy the lovely weather. Don't forget the amazing view!

CONGRATULATIONS!

We would like to congratulate Blessie Jacob, the Unit Manager at Addison Court, who has gone to India to get engaged to her boyfriend, now fiancé. We wish you the best for your new chapter Blessie.



YOU SAID WE DID

The amazing Activities Team at Covent House have a new project under the way with the residents. It's called "You said - We did". The residents tell the staff their wishes and where possible they grant them. This is an ongoing project with the residents and more stories of their wishes being granted will follow. Here are some of the wishes that have already been granted.

One of the residents, Robert, said he would love to go and visit where he once worked. His wish was granted, and he went on an outing to AEI Cables in Barley Mow. Robert shared his tales of the workplace with the girls and had a lovely afternoon out.

Hilda, one of the residents, also had her wish granted. She said to the staff that she would love to meet a singer. She not only met the singer but chatted with him for a while before being serenaded by him with the song "The Wonder of You". Hilda was overjoyed and had a fabulous afternoon.



MALHOTRA STAFF AWARDS 2022 WINNERS

Every year the Company hosts the Malhotra Staff Awards across the Group.. We are thrilled to announce that this year we have several winners across the Prestwick Care group. These awards are a fantastic opportunity to recognise the success, accomplishments and achievements of our employees across the group.

The following Prestwick Care employees were winners of the 2022 awards!



*Excellence in
Leadership Award*

Sansui Thomas

*Deputy Manager
Heatherfield Care Home*



*Newcomer of the
Year Award*

Felix Alex

*Senior Carer
Melton House Care Home*



*Unsung
Hero Award*

Alison Rowntree

*Kitchen/Domestic Assistant
Brunswick House Care Home*

SOMETHING FOR THE NEWSLETTER? GET IN TOUCH!

The Prestwick Care newsletter is a fantastic opportunity to share the good news stories, latest events, celebrations and more across our fantastic care homes.

*If you'd like to be featured, please email marketing@malhotragroup.co.uk;
we'd love to hear all about it!*