



PARKLANDS

PRESTWICK CARE
SPECIALISED CARE & RESIDENTIAL SUPPORT



PARKLANDS

PRESTWICK CARE

SPECIALISED CARE & RESIDENTIAL SUPPORT



Set in over 3 acres of private grounds within the small village of Seaham, County Durham, Parklands is one of the premier Care Homes under the umbrella of Preswick Care. Parklands is conveniently located for all public transport with easy access to the A19 and other major routes.

Following an extensive refurbishment and capital expenditure programme, the Home has been developed to an extremely high standard with particular attention paid to the provision of comfort and safety for our residents.

Parklands is a nurse led service that is well established and renowned as providing the very best 24 hour specialist care and has been specifically designed around a range of smaller units that create a homely community feel, supporting the needs of individuals. Parklands has been divided into 3 individual spacious units on a single story design.

West Park Court is a young persons unit which is renowned throughout the North East as a provider of specialist care for complex physiological and psychological care needs. This may include although not limited to: challenging behaviour, neuropsychiatric care, ABI, Huntington disorders, early onset dementia and Kosakoff.

Penshaw Court is a tastefully decorated unit providing EMI care for both nursing and residential clients. Inspiration has been sought from Stirling University models of design thus further enhancing both practicality and user friendliness.

East Park Court unit provides general nursing care where daily needs of our residents are catered for by experienced nurses and care staff.

Social care is always one of our highest priorities and there will always be organised events going on at our Home such as art and craft sessions, music and celebrations for those memorable occasions, all under the watchful eye of our dedicated Activities Co-ordinators. In addition to the range of group activities that are on offer, our staff will develop individual person centred activity plans that support the preferred activity



of the individual and will be based around life story work. This is of huge importance when supporting the individual with memory problems. Our carefully planned activity programmes are a cornerstone of our holistic approach to care.

Care is individually tailored to meet identified needs and wishes whilst also supporting choice and preference. Care is always delivered in a manner that supports the privacy and dignity of the individual with emphasis based on maintaining independence.

Our menus are carefully planned and provide meals that are home cooked, sourced from fresh local ingredients wherever possible, nutritionally balanced and varied whilst always offering choice.

We also offer a range of services at additional cost; these include hairdressing, chiropody, podiatry and physiotherapy.

Our staff team are the key to delivering the highest standards of care at Parklands. As a company we encourage and support the personal and professional development of our staff team to equip them with the skills required to deliver the highest standards of care.

- **YPD (Young Physically Disabled) inc. challenging behaviour**
- **General residential nursing**
- **EMI residential nursing**
- **Spacious single bedrooms (En-suites available)**
- **Specialist beds**
- **Landscaped gardens with seating areas**
- **LCD Televisions**
- **Specialist bathing facilities**
- **Laundry services/facilities**
- **Hairdressing room**
- **In-house physiotherapy**

FEATURES

“

When we are at our most vulnerable in life,
what is required of others is not pity but
understanding, compassion and dignified care. We believe in
providing all of these as core elements
of the Prestwick Care service.

”

Devinder Malhotra

Chief Executive, Prestwick Care Group



Parklands Nursing Home, Station Road, Seaham, County Durham, SR7 0AD

Tel: 0191 5130150 **Email:** info@parklandscarehome.com

Web: www.parklandscarehome.com