

# FRIENDS OF Prestwick Care

## YOUR NEWSLETTER

*Welcome to Friends of Prestwick Care,  
a monthly newsletter created for our  
residents and their families.*

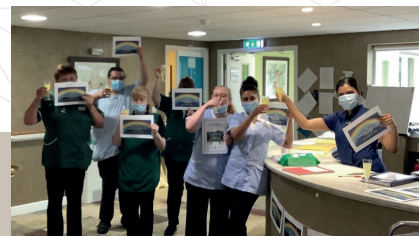
AUGUST 2021 - ISSUE 1



## HAPPY CARERS DAY



*Residents at Belle Vue Heaton celebrated NHS & Carers Day on the 5th July. The team celebrated with the residents with cakes and fruit juice, with free raffles for the staff. Everyone had a great day celebrating together.*



# 102 CELEBRATIONS AT ADDISON COURT

*It was a very big celebration for one of the residents at Addison Court. Joyce Wagstaff celebrated her 102nd birthday in July. The home celebrated by decorating the visitors lounge, enjoying afternoon tea and singing Happy Birthday! Hope you and your family had a lovely day celebrating Joyce.*



# HIGH TEA AT CESTRIA

*The residents at Cestria House enjoyed a lovely afternoon tea of cakes, scones and chocolate eclairs – what a sweet treat!*



## TAKE A SEAT

A beautiful bench was given to Abbey Court by the relatives of a husband and wife who were both residents at the home that unfortunately are no longer with us. What a beautiful seating area to remember such a beautiful couple, Sylvia and Brian.



## WELCOME BACK REVEREND BEVERLEY

Abbey Court have enjoyed being able to invite Reverend Beverly Davis back into the home. It is always lovely to see Beverley and the residents really enjoy the hymns and songs. Beverley remained in close contact over the phone during lockdown and her and her local community used to send in cards and hampers for the staff and residents which was lovely of her, showing the kindness and generosity of their local community.



## WEDDING BELLS ARE RINGING

On behalf of everyone at Abbey Court, they would like to say a huge congratulations to their staff member, Catherine, who married Alan on 26.06.2021. We hope you enjoyed your special day.





# Protect The Earth Brunswick



Brunswick House have been working on a Protect the Earth Arts & Crafts Piece after the idea came about from one of their chatterbox club discussions, where they were reflecting on the pandemic and how it had affected their lives and the world.

The artwork took two days to create. First of all, they created the rainbow as a symbol of protection. They looked at the Noah's Arc story to illustrate how throughout history, the rainbow has been used to symbolise God's protection over the world and everything living on it, as well as an image that could be seen in people's windows throughout the pandemic. The residents enjoyed making the rainbow out of scrunched up tissue paper. They then moved onto making the Earth, animals and human family. The Earth was made of tissue paper, the animals and human family were images coloured in by the residents. The artwork was finished off with 3 key words - Protect, Love and Peace.



The finished artwork is on display in the reception area at Brunswick House for everyone to see as they enter the home. It is bright and colourful and reflects the care, ongoing protection and love shared at the home. A huge well done to all involved.

## MESSY VINTAGE AT BRUNSWICK HOUSE

### BRUNSWICK HOUSE HAVE BEEN GETTING CREATIVE WITH MESSY VINTAGE.

A way of combining a story, music and crafts together into one session. July's MESSY Vintage focus was William Wordsworth's poem "I wandered lonely as a cloud".

The session started with one of the residents reading out the famous poem. They then listened to a recorded version twice. The idea behind listening to the poem three times is to help the words and meaning of the poem sink into their thoughts, helping the residents reflect on the message behind the words.

When Wordsworth saw the golden daffodils dancing in the breeze, they lifted his spirits and put him in a happy and content place. A place far away from his worries and problems. For that moment he sensed himself lifted and filled with hope and peace.

The group then shared experiences of times in their own lives when they had felt like Wordsworth. When a song, an image or maybe a flower had made them feel lifted and happy, casting away their troubles.

Once the artwork was complete, the residents enjoyed listening to the song - all things bright and beautiful, reflecting on things bright and beautiful that had changed their lives for the better and given them the sense that they were lifted.

The artwork is now on display on the second-floor dining room at Brunswick House with the poem next to it for all residents and their families to read and enjoy.



# ERNIE TURNS 100

## WE HAVE A BIG 100TH BIRTHDAY COMING UP FOR ONE OF THE RESIDENTS AT BRUNSWICK HOUSE.

*Ernie spent a few of his years in Metropolitan City Police Orphanage in Twickenham, and they would like to send a representative to attend his birthday and present Ernie with two medallions, given to them by their patron, HRH The Duke of Cambridge, as their longest surviving “old boy”.*

Ernie has his wife Lily had 3 children, and now have 7 grandchildren and 6 great-grandchildren. For many years the couple owned a motor caravan, and spent many happy holidays travelling up and down the country, firstly with their young family and then carrying on into their retirement, until the driving became too exhausting! Ernie has always loved the arts, enjoying drawing and painting, pottery, and writing and reciting poems. He has a lovely singing voice. He's a keen puzzler, and watched Countdown for many years, even appearing on the show in 1987. He's never been a big drinker, but likes the odd glass of stout - cheers Ernie! Happy 100th birthday!



## FROM MADDISON TO GILES

*We would like to say a huge congratulations to Ruth from Melton House and her husband Michael on their recent wedding.*

*Wishing the couple the very best, such beautiful photos.*

