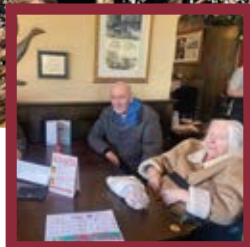


*Welcome to Friends of Prestwick Care,
a monthly newsletter created for our
residents and their families.*

JANUARY 2023 – ISSUE 6



HELLO, 2023

2022 you were special. We look forward to more special memories and moments made in 2023.

TRIP TO TOWN

A few residents from Cestria House went into town to do some Christmas shopping to get some last-minute gifts for friends and family. It was magical when they saw the festive lights spread across the City Centre to make it more special. It was decided that all the hard work of Christmas shopping built up an appetite for a nice lunch and, at the end of the day, they went to visit Fenwick's Window. Both staff and residents had a wonderful day!

PETS & CO

Pets & Co visited Cestria house in mid-December with their adorable pups. The residents and staff loved having furry companions for a few hours. It was such a lovely day and really made the residents' day.



REMEMBRANCE DAY

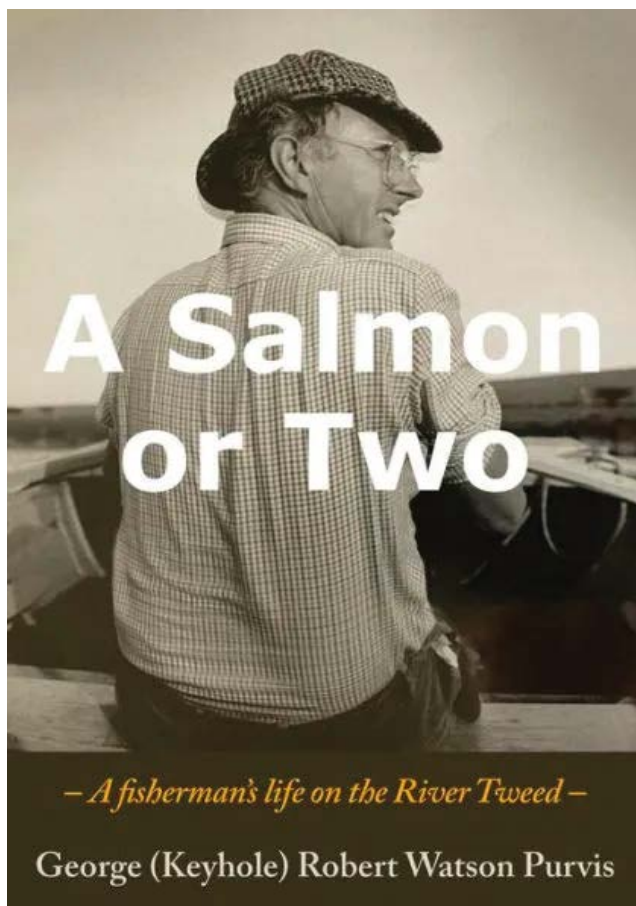
One of the lovely residents' daughters, Mrs Lesley Cooke, made an amazing poppy arch for Addison Court on Remembrance Day. There are over 400 poppies on this arch; look at those crochet skills! There was also a poppy display outside of the Home. We would like to thank Lesley Cooke for doing this!



GEORGE PURVIS

One of the residents at Beech Tree House has a book published about his life as a salmon fisherman on the River Tweed from the 1950s to the 1980s. This is despite living with severe dyslexia and, later a stroke that has unfortunately affected George's memory.

George spent his life chasing new ventures and adventures with unstoppable energy and endless good humour. George witnessed the end of an era, with the salmon populations dwindling and fisheries closing up for good until he became one of the last net fishermen left on the River Tweed. We are so proud of his achievement!



CHRISTMAS PARTIES WITH CESTRIA HOUSE

Cestria House hosted an in-house Christmas Party where Alan Cutler Entertainers and residents were able to take part in the singing and even had the opportunity to play the instruments! There was also a balloon-shaping demonstration for the residents to enjoy.



Both staff and residents also had a Christmas party at a local hotel in Boldon. Everyone enjoyed a festive three-course meal with an Elvis impersonator to keep up the jolly spirit. All the residents and staff had a wonderful time and it will be a great couple of days to remember.

CHRISTMAS DAY OUT

Residents and staff at Cestria House had themselves a day trip out.

They first went to George's Christmas Market in Boldon then to St Hilda's Christmas Tree Festival!

The residents also had the chance to enjoy a carol service. Both staff and residents had a day filled with festive spirit.



HAPPY BIRTHDAY

There was a huge milestone achieved at Beech Tree House recently. We would like to wish a Happy 90th birthday to resident Evelyn Bookless. The home put together a cake and tasty treats as well as a carol service to celebrate. Evelyn even got a mention on the Ken Bruce Show on Radio 2 to make it an even more special celebration.



SINGING CLUB

Every Friday morning Cestria House residents and staff get involved in the Singing Club Event.

This gives the chance for both residents and staff to relax and sing their favourite songs, plus it's a great start to the day!



KARAOKE

Residents at Cestria House were able to enjoy some classic karaoke songs recently. It was a time to enjoy for both staff and residents.

FUNDRAISING EVENT

Belle Vue Sunderland had one of their fundraisers recently which raised a total of £1,723 for the resident's fund. Everyone had a fantastic night. This was a great achievement for the home and will be one to remember. To make this event even better there was a proposal for the kitchen assistant Julie, who was proposed to by her boyfriend, Mark. We would like to wish congratulations to the happy couple and all the very best for their future.





LIGHT SWITCH-ON

A few of the residents from Cestria House were able to go see the switch-on of the Christmas tree in the local area and enjoy listening to the carols at St Georges. It was a lovely chance for the residents to enjoy the festive atmosphere.

CHRISTMAS BABY

We would like to congratulate Rachel and Kieran on their very special Christmas gift. Baby George Robert Maddocks was born at 00:40 hrs on Christmas Day at the Birthing Centre, Northumbria Healthcare; weighing 8lb 7oz.

George is pictured with his proud parents Rachel White and Kieran Maddocks and our amazing Midwife Nira Flanighan, who had the pleasure of supporting the safe arrival of the Christmas bundle of joy.

We would also like to thank Mrs Sheila Dickinson for knitting baby George a Christmas pudding hat.



YOU SAID WE DID

There has been more on the “You Said We Did” at Covent House. You Said We Did gives the chance for residents to wish for things that they want and for staff to grant those wishes. One of the residents, Margaret, wanted to be able to play badminton again as she used to when she was young. Therefore, the activities team went out and bought a badminton set. Margaret loved the game so much and didn’t want it to end so out came the beach ball which then turned into a game of volleyball where Margaret’s friends all joined in.



Another resident, Joan, mentioned that she wanted to sing. In return, staff booked John Doonan to do a duet with Joan. They sang “What do you want to make those eyes at me for”. Everyone applauded Joan and she was given a standing ovation by the staff at Covent House.

The residents at Covent House wanted a Halloween to remember. Therefore the activities team decided to do just that! They made a Halloween Money Tree which was raffled. In return £100 was made for the resident's fund. There was also a chance for residents to sing along to the classic spooky tunes with a lady called Sara. Fun was had by all, and everyone was clearly in the spooky spirit.



CHRISTMAS TREE TOY DONATION

Beech Tree House staff organised a Christmas Tree Toy Donation. This allowed people to come in and leave hanging slips on the tree with the gender, age and gift request on the tree. All the gifts requested went to less affluent schools in the local area, giving the children a chance to have a wonderful Christmas.



BAKING

The staff at Cestria House obtained some baking ingredients ready for the residents to get their baking skills on and make their favourite festive treats. All the treats were left out for other residents to enjoy; they didn't last long! Just look at that finished product, yummy!

AUDITS

Over the course of 2022, the Legal and HR Departments have been conducting employee audits of all of the Group's 24 sites. This includes 15 care homes, 8 leisure sites and Head Office.

This has been a huge task for all involved, so thank you to all sites for all of your hard work involved in this process so far. The audit will be held on a continuous basis and therefore your cooperation is required to ensure that we are compliant with all stakeholder's requirements (including Home Office etc).

Please note that this is not optional as we are all responsible for ensuring that our records are accurate and precise. Sites will be held to account if our processes are not being adhered to. If you have any questions regarding the audits, please contact HR at HR@malhotragroup.co.uk.





SOMETHING FOR THE NEWSLETTER? GET IN TOUCH!

The Prestwick Care newsletter is a fantastic opportunity to share the good news stories, latest events, celebrations and more across our fantastic care homes!

If you'd like to be featured, please email marketing@malhotragroup.co.uk; we'd love to hear all about it!



MALHOTRA