

Welcome to Friends of Prestwick Care,
a monthly newsletter created for our
residents and their families.

NOVEMBER 2023 - ISSUE 11

'TIS
THE
SEASON

"Christmas isn't just a day, it's a frame of mind."
- Miracle on 34th Street

RORY THE FRIENDSHIP DOG

Melton House are blessed with a 7 year old Golden Doodle called Rory, who recently celebrated his birthday on the 4th October. His owner Katie visits the Care Home fortnightly on a Friday and the residents always look forward to the visits with Rory. The second Rory gets into the car park, he runs straight to the entrance with excitement to see his friends. This is only possible with Katie volunteering at Wag & Co North East.



AUTUMN FAYRE



Residents and staff at Cestria House enjoyed the Autumn Fayre that was hosted at St Hilda's Church in Jesmond in early November.

There were many stalls with a variation of sweet and savoury treats as well as home made amenities. Everyone who attended loved the chance to mingle with the local community.

Irene Fiske, one of the residents, spent this time at the Fayre to purchase some Christmas presents for her loved ones.

SING-ALONG

Melton House hosted a 70's sing-along and dance competition with some fantastic classics.

Regina Kuriakose, one of the Care Home's Nurses and Nomawetu Beauty Mbuka the Deputy Manager joined in by singing and dancing with the residents. Residents even said they were the dancing queens.

IT'S A GIRL

We would like to congratulate Abbie Carr, a Care Assistant at Beech Tree House, recently hosted her baby party with her close friends and loved ones. Everyone was delighted to find out the Abbie and her partner will be having a beautiful baby girl.



COFFEE MORNING

A few residents from Beech Tree House had a lovely coffee morning at the Care Home. There was plenty of coffee and cake to go around for Pat and Jeff Smith and Frances Blair, this was a chance to catch up with each other and share experiences.



BINGO

June, Parveen and Maureen, residents from Melton House, enjoyed their weekly Wednesday Bingo session with the lads from the local social club recently. Parveen was extremely happy when she realised that her last number was 10 as it meant that she won a big bag of sweets!! Bingo is always thoroughly enjoyed by everyone involved, winner or not, the host is always full of energy and makes sure everyone has a good laugh.



RAFFLE

Beech Tree House recently had a raffle to raise money for the Residents Fund which enables trips out and visits to places in the local community possible. Even the family of residents got involved in this raffle. Resident, Eva Hedley's niece took time to make Christmas cards, knitted goods, dog advent calendars, bookmarks and even pulled prizes together from her local community, friends and family. The daughters of Mary Grey, Francis Blair, Ian McLellan and Maria Kilpatrick baked delicious goods, which were thoroughly enjoyed by the residents. We want to thank everyone who attended and supported this lovely event.



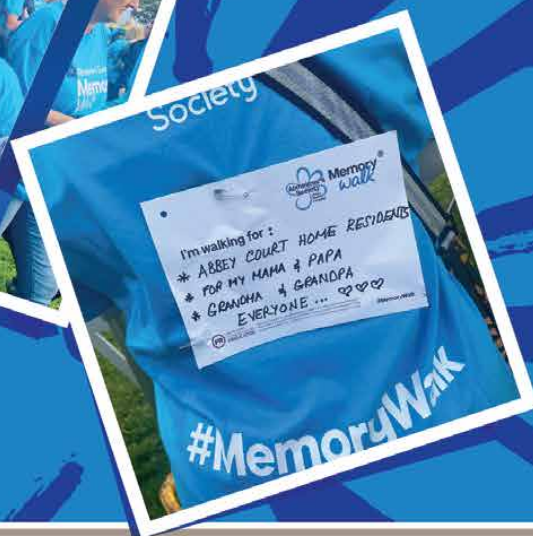
FOOD BANK COLLECTION

Staff, residents, and their families at Brooke House have been donating food and toiletries for our Charity of the Year, Newcastle Westend Foodbank. The Foodbank were over the moon with the collection, and are looking forward to the next one!



Well Done!!!

We would like to say well done to one of Abbey Court's nurses, Sheila Lunasin on completing the Alzheimers Society Memory Walk on the 7th October. She walked in memory of her parents, grandparents and for the residents of Abbey Court. This is a great accomplishment for Sheila and we are all so proud of her.



WELCOME

We would like to welcome Fiona Hagon, who is Parklands new administrator. She has settled in nicely with the team and we look forward to watching her grow.

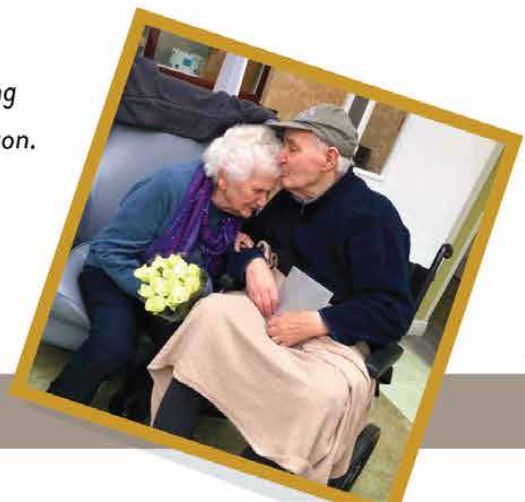


Arthur Price, Parklands handyman, has retired this month after 13 years of service to the Home, we all wish him a happy retirement and that he will be a big miss to all staff and residents at the Home.



Congratulations!

Mr and Mrs Maughan recently celebrated a loving 60 years of marriage together at Belle Vue Heaton. They both enjoyed a lovely meal together and of course a bottle of fizz for the special occasion.



HAPPY Birthday

CESTRIA HOUSE



Jimmy Twigg celebrated his 80th birthday with his friends and family on the 16th September. Everyone had a great time together celebrating such a wonderful day.

MELTON HOUSE



Ian Johnson had a fantastic time celebrating his 81st birthday with his daughter, Nicola and the staff at the Home. He enjoyed the classic scrumptious birthday cake, which he kindly shared with his fellow friends and staff.

PARKLANDS



A very special wish went out to the resident Moira Copeland on reaching her 90th birthday, there were celebrations for Moira which consisted of a singalong, tasty cake and drinks.

DAY OUT

*Parkland residents and staff had a fabulous trip out to South Shields where they got to enjoy some local fish and chips and to top it off they finished off the day with a trip on the local ferry (making the day even better!)
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MORNING EXERCISE

Residents at Cestria House participated in some morning exercise to keep fit. Staff were able to bring in a fitness trainer who showed both staff and residents exercises that they can so using only soft balls and of course with some great music. It was a fantastic morning for all involved!



HOWICK HALL VISIT

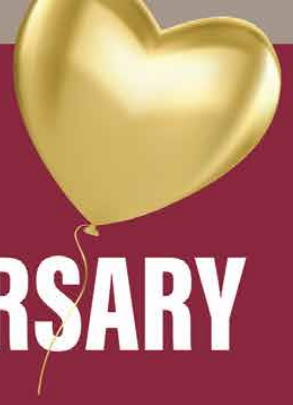


On the final days of Summer, Beech Tree House staff organised a day trip out to Howick Hall in Alnwick.

It was luckily still a warm and sunny morning for the residents to enjoy a day of exploring. Staff who were off came in to enjoy the day out in at Howick Hall, both staff and residents loved the beautiful gardens, lake and more. A quick stop in the traditional cafe for cream tea was due after all the walking done through the day. Everyone involved in the trip out were delighted.



HAPPY ANNIVERSARY



We would like to wish a special congratulations to Dorothy & Jerry's 60th wedding anniversary!



This is a great celebration which was enjoyed with a magician and refreshments provided by staff at Beech Tree House. There were smiles all around.





WW2 EXPERIENCE BOX



The Activity Team at Beech Tree House were able to work with the local Bailiffgate Museum to loan memory boxes for the residents to reminisce and spark conversation about their experiences during that time of their lives. There were also boxes from the 1950s and 1960s which Sue Davies and Silca Morley even recognised some of the items and news articles from the 60s.' to 'Sue Davies and Silca Morley recognised some of the news articles and items in the boxes provided from the 60s.



AFRICAN & MOROCCAN DAY

Belle Vue Heaton celebrated the African & Moroccan Day recently where staff could wear their traditional clothing and even serve their food. Both staff and residents enjoyed the day celebrating the cultures and enjoyed the delicious food provided.



KOALA



Beech Tree House staff are currently hosting a competition on who could guess the name of the koala teddy correctly. The person who guesses the name correctly first will be able to keep the koala for themselves. This is a lovely competition to have for the residents to enjoy, what do you think the teddy is named?

SURPRISE VISIT

Beech Tree House enjoyed a visit from The Sanctuary recently, where both residents and staff got to experience different types of animals, ranging from a barn owl, a dove, a corn snake, and even a fox. Which is the only fox in the UK that is tamed. It was a lovely experience for everyone.



FRIENDS OF BEECH

Following a relatives meeting, the family and friends of residents in Beech Tree House decided it would be nice to set up a support and social group to raise funds and all get together.



So for the past 3 months, every other Wednesday at 10am there is a coffee morning that residents can attend with their loved ones. Relatives are allowed to bring in raffle prizes, home crafts and baked goods to share and raffle away. All funds are put towards loan boxes and transport to the Howick Garden Club and cafe.

KNIT & KNATTER

Cestria House residents and staff enjoyed a lovely afternoon at St Hilda's Church in Jesmond, where they attended the Knit & Knatter monthly event. This is a great opportunity for the residents to chit-chat and knit away while doing so. There was even a teddy bear picnic to top it off.





SOMETHING FOR THE NEWSLETTER? GET IN TOUCH!

The Prestwick Care newsletter is a fantastic opportunity to share the good news stories, latest events, celebrations and more across our fantastic care homes!

*If you would like your site to be featured,
please email marketing@malhotragroup.co.uk;
we would love to hear all about it!*