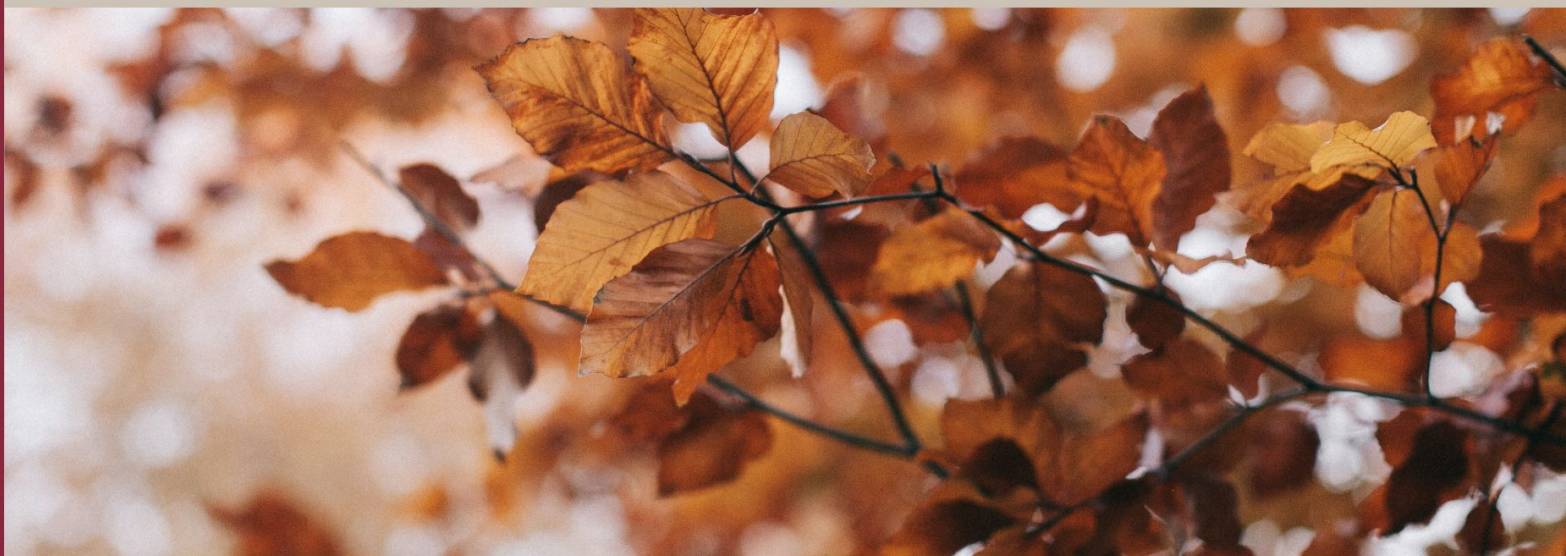


Welcome to Friends of Prestwick Care,
a monthly newsletter created for our
residents and their families.

SEPTEMBER 2023 - ISSUE 10



HELLO AUTUMN

“Love the trees until their leaves fall off, then encourage them to try again next year.” - Chad Sugg

TYNEMOUTH TRIP

Staff and residents from Cestria House recently enjoyed an outing at Tynemouth beach.

They loved having a picnic on the coast with all their favourite snacks and some quality time out and about. The picnic was finished off with ice cream and a brilliant view of the beach. Everyone had a great time together and made the most of their outing as the rain didn't dampen anyone's spirits.





HAPPY BIRTHDAY

Happy birthday to Covent House's wonderful administrator, Lynda Richardson.

Lynda had an amazing day celebrating as she received various thoughtful gifts and beautiful flowers from her colleagues.

These gestures of kindness and thoughtfulness made the day even more special and memorable for her with all of her colleagues and residents.



CESTRIA OUTING

Residents of Cestria House recently appreciated a trip to the Hancock Museum in Newcastle, with exhibits and displays giving residents a chance to connect with history, culture, and science.

Following the museum visit, everyone stopped off for a pub lunch at the Five Swans for some tasty pub favourites. It was a delightful day out that brought happiness to everyone who took part.



KARAOKE NIGHT

Covent House hosted a Hawaiian-themed karaoke night recently with some great music, drinks, and food that was enjoyed by everyone. Residents joined in by singing and dancing with each other, dressed in traditional Hawaiian costumes which was a great time for all.



DEMENTIA AWARENESS

Covent House recently held an event to raise awareness for Dementia Awareness and celebrate the caregivers for their important work.

One of their amazing staff, Sarah, was great at entertaining everyone and resident, Joan, was queen of karaoke. Residents and staff all joined in with the festivities, even starting a conga line as everyone celebrated their important work and brought light to such an important event



SURPRISE VISIT

One of Cestria's amazing members of staff, Doris Aimieghomwan, who is currently on maternity leave, brought her baby Michelle in to visit the staff and residents recently.

It was a special opportunity for everyone to connect and celebrate this new chapter in Doris's life. This was a heartwarming and joyous moment for both residents and staff at Cestria House.



MUDDY RACE

Activities coordinators of Brooke House took part in a Muddy Race in July to raise money for Cancer Research.

Andrea, Ashley, Linda, Leanne, Fran, and Beth all participated in this race and did extremely well to complete such a challenging activity for charity.

This was a fantastic accomplishment and a reflection of the commitment and work put into the event as Brooke House raised an amazing £1045 for cancer research.

CONGRATULATIONS

Congratulations to Covent House's own Kitchen Assistant, Janine Chapman, and her husband David on the birth of their beautiful baby boy Roman David Chapman who was born on 24th August. Staff and residents are wishing you luck And happiness in this new chapter of your lives.



CONGRATULATIONS

Congratulations also to their Care Assistant, Melissa Highton who, in her own words "went on holiday a girlfriend and returned home a fiancé".

Have fun celebrating your engagement and the Covent House team would like to wish you good luck for your future together, Melissa and Liam.





SUMMER FAIR

The mayor of Seaham attended and officially launched this year's Parklands summer fayre, which was another great success.



Residents and their families had a great time throughout the day with visitors from nearby towns attending and enjoying their BBQ. All of the stalls had sold out of the majority of their items, raising a significant amount of money for the Parklands Residents Fund.

The residents also enjoyed throwing wet sponges at the staff while they were in the stocks which was a good laugh for everyone.

In keeping with their successes, Kevin Robinson, a resident of Parklands, and Tony Simpson, a staff member, took up the challenge of growing some sunflowers, they are doing a fantastic job at growing amazing and maintaining them well.

NEWCASTLE FOOD BANK

Brooke House has recently set up a station for staff, residents and visitors to make donations to the Malhotra Group nominated charity of the year, Newcastle West End Food Bank.

Everyone has been very giving, working together to support those who benefit from the Food Bank in such trying times.



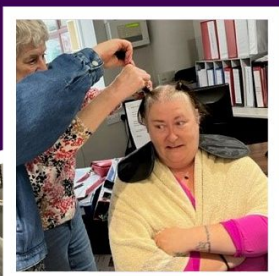
WELL DONE

Belle Vue Heaton's own Activities Coordinator, Jackie Faircloth, recently dedicated herself to raising money for the resident's fund through a sponsored head shave.

This was an amazing challenge, raising a total of £1349, which will undoubtedly have a positive impact on the residents' well-being and enjoyment.

One of Belle Vue's wonderful residents, Meg, who is a former hairdresser, was also given the chance to participate in the sponsored head shave as it was one of her wishes to return to hairdressing.

Everyone showed such dedication to the event, and it was made much more memorable by Jackie having her family, co-workers, and other residents there to support her.



YOU SAID, WE DID

Covent House have recently continued on from their activities initiative "You said, we did." which helps residents get back to the activities they love.

One of their wonderful residents, John, mentioned that he used to love getting into his garden when he was able to and doing some planting for summer. Staff therefore purchased some plants and flowers for John, arranging for him to do some gardening on the rooftop garden. His hard work undoubtedly paid off as the flowers are now in full bloom. Well done John, and a big thank you to all the staff for creating these opportunities to improve residents' livelihoods.





SOMETHING FOR THE NEWSLETTER? GET IN TOUCH!

The Prestwick Care newsletter is a fantastic opportunity to share the good news stories, latest events, celebrations and more across our fantastic care homes!

If you would like your site to be featured, please email marketing@malhotragroup.co.uk; we would love to hear all about it!



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